

“ We’re free, we’re safe,
we have a new life. ”

You don't have to face
domestic abuse alone
Call freephone 0800 915 1561

www.wakefield.gov.uk/SaferTogether

wakefieldcouncil

1 in 6 men will be a victim of domestic abuse at some point in their lives.

Domestic abuse can happen to men of all ages, regardless of culture, occupation, or sexual orientation. If you are in an abusive relationship, please know you are not alone, there is support available in the Wakefield District.



All victims have the same rights to protection and support, our Wakefield District Domestic Abuse Service (WDDAS) are here to offer advice and support to anyone affected by domestic abuse. Their main aim is to ensure that both you and your family are safe.

Domestic abuse isn't just about violence, it can involve many different types of behaviour and ill treatment, such as:

- **Coercive control** - this could include tracking your movements and controlling your behaviour.
- **Physical abuse** - this is usually violent abuse that can hurt you or make you feel afraid.
- **Emotional abuse** - This could be threatening behaviour, constant criticism or humiliation or using your sexuality against you.
- **Sexual abuse** - this might include refusing to practise safe sex, controlling contraception, rape or sexual violence.
- **Economic abuse** - stealing money from you, running up debts in your name, restricting your access to your own money or preventing you from working.
- **Forced marriage** - being forced to marry someone you do not choose or agree to.



For help and support scan the QR code or call WDDAS on freephone **0800 915 1561**